



# CURRENT BUBBLES

NEWSLETTER OF DOLPHIN DIVERS OF SACRAMENTO

P.O. Box 112

Orangevale, California 95662

<http://www.dolphindivers.org>

October, 2013

2013/2014

## Board of Directors

### President

Holly Little  
530-219-5415  
[holjohnson@gmail.com](mailto:holjohnson@gmail.com)

### Vice President

Craig Brookey  
916-952-0322  
[cbrookey@sbcglobal.com](mailto:cbrookey@sbcglobal.com)

### Secretary

Brad Freelove  
916-879-3853  
[bradlinda@frontiernet.net](mailto:bradlinda@frontiernet.net)

### Treasurer

David Whiteside  
916-923-3763  
[dwhite95815@hotmail.com](mailto:dwhite95815@hotmail.com)

### Activities Chair

Jamie Sepulveda  
707-364-1833  
[Cricketchirp@gmail.com](mailto:Cricketchirp@gmail.com)

### Safety Officer

Chris Anthon  
(916) 799-9468  
[canthon@hotmail.com](mailto:canthon@hotmail.com)

### Promotions Chair

Tracy Clarke  
(209) 334-4278  
[tracydiver77@yahoo.com](mailto:tracydiver77@yahoo.com)

### Newsletter Editor

Penny Johnson  
916-205-5619  
[Pennybug76@yahoo.com](mailto:Pennybug76@yahoo.com)

### Webmaster

Renee Viehmann  
916-837-4973  
[renee@renerox.com](mailto:renee@renerox.com)

### Historian

Jack Millard  
916-987-1303  
[JBMillard@aol.com](mailto:JBMillard@aol.com)

### Past President

Marilyn Sepulveda

### Members at Large

Brittania Junes  
Dave Ford  
Jeff Pluth  
Lalaynia Little  
Michelle Pluth  
Steve Volpicelli



## Presidents Message

Hello Dolphin Divers,

I hope you have been diving more than me this summer!

If you were at the August general meeting, you know that the split-the-pot was donated to the Pacific Grove Hyperbaric Chamber. I think this is a great cause to donate to, and judging by the donation, I'm not the only one! The Divers Alert Network (DAN) receives many calls to its emergency hotline every year. Approximately one-third of the calls receive referrals to hyperbaric centers. Not all hyperbaric centers are able to treat divers, due to the specialized care that is required.

Many chambers have an uncertain future, and the one in Pacific Grove is no exception. The Pacific Grove chamber has been in operation since 1963. It is

run by volunteers, including four physicians trained in hyperbaric medicine and over 12 nurses and respiratory specialists. They are on call 24/7. The chamber also treats non-diving injuries.

On June 19, 2012 the chamber was closed due to issues with insurance. There were also not enough funds for operation costs and needed upgrades. Due to donations and promised pledges the chamber reopened on August 3, 2013. During this time, there were four to six divers who had to be treated elsewhere. The next closest chambers suitable for divers are approximately two hours away. In a diving emergency, that is just too long.

The Pacific Grove hyperbaric chamber is a valuable service to all of us in the diving community. I hope that it is always available when anyone needs it. It may not be without our support. I encourage everyone to consider making a donation to the chamber to ensure the continued availability of this life saving treatment. It may be someone you know who needs it.

Dive Safely ~Holly

## ~ Meetings ~

**Board meetings** are held on the 1<sup>st</sup> Wednesday of the month, at a Board Members home. All members are welcome to attend all meetings; however we ask that you call the host to RSVP. Board meetings start at 7:00pm Upcoming Board Meetings:

**October 3** : Marilyn & Jamie Sepulveda

**General Meetings** start at 7:00 pm and are held the 3<sup>rd</sup> Wednesday of each month at Round Table Pizza, 9500 Greenback Lane (at Madison). Call 916-923-3763 to order in advance, be sure to ask for the Dolphin Dive Club Discount.

## ~DOLPHIN BIRTHDAY CLUB ~

Lisa Knoles 10/5      Steve Volpicelli 10/9  
Alyssa Harris 10/13      Tracy Clark 10/14  
Bill Albright 10/16      Steve Campbell 10/16  
Conner Carlson 10/16      Dana Carlson 10/19  
Lorne Green 10/24      Ellie Robbins 10/29  
Julie Rojas 10/29

**Happy Birthday Everyone!!!**

Welcome New Member *Brenda Rios*

## ~Safety Article~

Safety, when I think about it, the word means to me to be conscientious about what you are doing and be aware of your surroundings. Yet when I look it up I find:

Wiki: <http://en.wikipedia.org/wiki/Safety>

"**Safety** is the state of being "safe" (from [French](#) *sauf*), the condition of being protected against physical, social, spiritual, financial, political, emotional, occupational, psychological, educational or other types or consequences of failure, damage, [error](#), [accidents](#), [harm](#) or any other event which could be considered non-desirable. Safety can also be defined to be the control of recognized hazards to achieve an acceptable level of risk. This can take the form of being protected from the event or from exposure to something that causes health or economical losses. It can include protection of people or of possessions."

It goes on further to give a rather lengthy dissertation of the minutia or perceived detail to ones being safe. Oh my.

Websters:

<http://dictionary.reference.com/browse/safety?s=t>  
*safe-ty* [*seyf-tee*] **noun**, plural *safe-ties*.

1. *the state of being safe; freedom from the occurrence or risk of injury, danger, or loss.*

2. *the quality of averting or not causing injury, danger, or loss.*

3. *a contrivance or device to prevent injury or avert danger.*

4. Also called [lock](#), [safety catch](#), [safety](#)

[lock](#). a locking or cutoff device that prevents a gun from being fired accidentally.

5. *the action of keeping safe.*

MeriamWebsters: <http://www.learnersdictionary.com/definition/safety>

**safe·ty** /'seɪ fti/ **noun**

plural **safe·ties**

1 [*noncount*] : freedom from harm or danger : the state of being safe

▪ The changes were made in the interest of public *safety*. ▪ He made some suggestions about how to improve  
airline *safety*. ▪ bike/traffic *safety* ▪ I'm worried about the *safety* of the people who were left behind. ▪ He sought *safety* in a church. [=he went into a church to be safe] ▪ She fears for her own *safety*. [=she is afraid because she thinks she is in danger] ▪ We were reluctant to leave the relative *safety* of our hotel. ▪ She was only a mile from the *safety* of her home when the accident occurred. ▪ The climbers were roped together for *safety*. = The climbers were roped together **for safety's sake**. ▪ There is **safety in numbers**. [=you are safer in a group of people than you are when you are alone] ▪ "**Safety first**" [=the most important thing is to be safe]—that's what I always say. — often used before another noun ▪ *safety* experts/hazards/precautions ▪ a *safety* violation ▪ a *safety* harness/catch ▪ *safety* devices/features ▪ *safety* glasses/goggles

2 [*noncount*] : the state of not being dangerous or harmful

▪ The car has been redesigned for improved/added/increased *safety*. ▪ The toys are inspected for *safety*.

3 [*noncount*] : a place that is free from harm or danger : a safe place

▪ They were led/pulled/dragged **to safety** by the rescuers. ▪ The injured hiker was finally able to **reach safety**.

4 [*count*] *US* : a device that prevents a gun from being fired accidentally —called also *safety catch*

5 [*count*] *American football* **a** : a defensive player

whose position is far back from the line of scrimmage  
**b** : a score of two points for the defensive team when an offensive player who has the ball is tackled behind his own team's goal line

So my definition is not far from the many available. The reason I inform you of this simple words definition and rant, is because in our sport, the many divers to our club do a very good job of being safe and conscientious of our fellow event participants, dangers and skills. We as divers are presented with many circumstances that happen. Some can be avoided with proper planning and preparedness while others you deal with as they unfold.

To plan your dive and dive your plan is only one part of what we do to prepare. Often times, we overlook the before and after. I have read numerous horror stories about photographers that dive till they are out of air surface change tanks and go back down. Ouch! I have read about a person spear fishing with a tank that surfaced to the boat to drop off his catch and return to finish his dive. Ouch. Or best and most recently I have watched two beginner divers who were at 110 feet taking photos and only had 400lbs of air left. Oh My - fortunately a conscientious diver saved their skin. Then this past weekend I witnessed what I believe to be the overcoming of heat stroke, exhaustion hypoxia and ultimately a fatality.

It is easy to plan and prepare but when it happens, there are so many things happening so quickly it really takes a team to act in order to have a successful outcome - otherwise it becomes a tragedy. It is really easy to become taken by the surreal beauty of what we look at underwater, and it is easier to breathe air than water. In order to continue doing the things we love and sharing with those whom we care about, take that little bit of extra time and be safe in everything you do! ~Chris

## [Member Articles](#)

As most of you know, Sacramento Boy Scout Troop 136 (The Zoo Troop) has been involved with many Dolphin Diver's activities through the years. Recently, Joe and Carol Herrlie made a very generous donation of windsurf boards, water skis and a large canopy setup to the Zoo Troop. Joe (himself an Eagle Scout), knows the scout program is focused on building character through outdoor activities. If you get the chance and are so inclined, you might thank them, I think we can all attest to each of our characters being forged by outside

experiences, and donating to that cause is philanthropic and long visioned. Their donation is sincerely appreciated. Thank you Joe and Carol!!! ~Dana

## [Our Youth](#)

Speaking of Boy Scouts, Connor Carlson has finally had his Eagle Court of Honor where he was recognized for earning the rank of Eagle Scout. In addition to the hard work required to earn this rank, Connor on several occasions managed to round up scouts for help with a variety of Dolphin Diver events. During his time in the Troop, Connor has also motivated MANY people (scouts AND parents), to become SCUBA certified. CONGRATULATIONS, WAY TO GO CONNOR!!! Keep up the good work!!!

## [~Past Events~](#)

### [Labor Day](#)



Well, we had an awesome Labor Day weekend at Ocean Cove once again. It was one of the best weekends on the coast I have seen in many years. It was very warm and the ocean was calm all weekend and there were tons of fish and abalone for our pot luck!!! Thanks to all the divers that donated fish and abalone!!! Also thanks to everyone that pitched in to help Kim and I!! We couldn't have done it without you all!!!!!!! Thanks to Corinne for stepping up and taking over the women's dessert contest and Megan taking care of the kids BBQ and activities while Kim took Jordan to the ER in Petaluma to get treatment for a spider bite that turned into a staff infection, which he eventually was hospitalized for on Monday when we got home. He spent two days in the hospital getting IV antibiotics and is now doing fine. Thank you to Steve and Marilyn for setting up a photo booth

that was lots of fun. Brad, Linda, Charlie, and Mark Tarantino, thanks for a great pancake breakfast. Thanks to Brad for all of his hard work. I think he worked just as hard as we did running around and picking up gear and things from different members and remembering to bring checks to pay for everything!! Thank you to all the kids that ran prizes out to the raffle winners! There were so many people that helped, if I left you out I'm sorry, but just know that we really appreciated all the help we got!!

### **Spear fishing contest was great.**

Bubba won Big Fish with a 26 lb. Ling Cod.  
1<sup>st</sup> was Bubba and Victor with 76 lb. 12 oz  
2<sup>nd</sup> Matt and Forrest with 60 lb. 15 oz  
3<sup>rd</sup> was Holger and Loren with 54 lb. 4 oz of fish.  
Britania speared 10 lb. 9 oz of fish on her first time spear fishing!

I believe Brad Freelove is now the holder of Big AB so far with a 9.467" AB, he also picked two more AB's that were 9.445" and 8.91".



Lani Little also picked a 9.177" AB.  
So as you can tell the fishing was great all weekend!

Britania also won the coveted Mona award!! It was a really close call between her and Jordan! Jordan was complaining about his ankle hurting and not wanting to use crutches and Britania was complaining that all the Jack Daniels was gone and now she has to drink Rum! The best part was she didn't bring any Jack Daniels or Rum with her!!!!

Thanks to all that made this a great event. ~*Bob Taylor*

## **Great American River Cleanup**

Despite the rain and wind, we pulled about 800 lbs of trash out of the river yesterday! Not as much in past trips but still a big pile of cans, bottles, plastic, oars, sun glasses, keys, phones, cameras and assorted other junk.

The weather people had predicted a 10% chance of rain.....then rain likely.....then we were hit with a storm front that produced cloud bursts, thunder and winds. At times, the winds were strong enough to push the boats upstream against the current. So, paddle we must, and did. There were several strange and different items found this year. Corona beer sunglasses and a large set of fairy wings over 2 feet high may be in the running for the most weird items found. I counted over 100 pair of sun glasses found. Several sets of keys and 2 rings were also picked up from the bottom. Everyone got wet either from the rain or the river. No one was spared. After a 4-5 hour tour of the river, we pulled out at River Bend Park and headed home. Congratulations to all of you that survived this year's trip! Thanks for all your help in this worthwhile event. Even the nasty weather did not dampen your spirit!

As always, there were a few items left over when all the divers left the beach. If you found something that is not yours.....or are missing something.....please let me know and I will try and connect all with their stuff. ~ *Brad Freelove*

## **Upcoming Events**



### **Channel Islands, 2014**

We already have our charter set for our trip next year: Sunday, July 20 to Wednesday, July 23. We will be going back to Catalina for three days then the fourth at Santa Cruz Island. The trip cost will again be \$625.00. If you want to sign up now you can mail a deposit to hold you a spot, or send a payoff of \$625.00 if you want a specific berth. We already have payoffs for many of the "best" spots so you should consider paying NOW if you want a front or middle single or double.

## **Thanksgiving Event**

Reservations have been made at Albion River Campground for our annual Thanksgiving camping trip. If you plan to attend, please see me at an upcoming meeting or contact me via email to put in your deposit and reserve your site. Deposit is equal to one night stay of \$35 made out to Dolphin Divers of Sacramento. Attached is a map of the campground with our reserved sites highlighted. Power and water is available at each site. There is also WiFi in the campground. Deposits must be in by October 31<sup>st</sup> otherwise we will release unreserved sites back to the campground. If you are planning to wait for the weather report, you are more than welcome to do so, but you will then be reserving your site directly with the campground and will be subject to availability.

We will plan to have a full Thanksgiving dinner potluck on Thursday evening which will be coordinated as we get closer. For those walkers and/or runners, we will have our 3<sup>rd</sup> annual Dolphin Divers Turkey Trot which is a little over 2 mile trip up Schooner's Cove and back. On Saturday night, there will be a leftover potluck and I'm sure there will be appetizers galore.

It will be your last chance for big fish/big ab for the 2013 year. I'm sure there will be multiple opportunities for diving as seas cooperate.

Please let me know if you have any questions.

~Renée Viehmann [renee@ReneeRox.com](mailto:renee@ReneeRox.com)

## **DONATE BLOOD & SAVE LIVES**

When you donate blood tell them that you are a member of Dolphin Dive Club and ask that your donation be credited to our account (#3412) and benefit other club members if they need a blood donation.

## **SUNSHINE COMMITTEE**

If you know of anyone who is celebrating accomplishments, upcoming Weddings, Births, etc., or if you know of a club member who is in need of a little Sunshine please contact Maridee Green at 916-206-0863, or email her at [maridee@homebuying101.com](mailto:maridee@homebuying101.com)

## **2013 TROPHY CORNER**

**BIG FISH:** Bubba Harris. 26 lb. Ling Cod.

**BIG AB:** Brad Freelove 9.467" AB

**Small Ab:** No Entry at this date

## **~ GARAGE SALE ~**

Have anything to SELL – TRADE – GIVE AWAY? You can advertise FREE in the Bubbles. Just e mail the editor [Pennybug76@yahoo.com](mailto:Pennybug76@yahoo.com) with your ad before the sending deadline following the General Meeting and your ad will appear in the very next issue. Please limit to "Diving Related" items like Gear, Camera Equipment, Boats, Motors, Camping Gear, Dive Cars, Etc.

## **OUT – AND – ABOUT**

Don't forget when you are out-and-about, the following shops and businesses support Dolphin Divers of Sacramento. When you patronize, please tell them you are a club member and thank them for their support.

\*Indicates shops that honor the free air fills on the back of Dolphin Divers membership cards.

\* **Dolphin Scuba Center** (916) 929-8188

\* **Fish Eye Scuba** (916) 850-1145 [www.fisheyescuba.com](http://www.fisheyescuba.com)

\* **Scuba World** (916) 332-8294 [www.scubaworldsacto.com](http://www.scubaworldsacto.com)

**DOLPHIN DIVERS OF SACRAMENTO IS A NON-PROFIT ORGANIZATION NOT AFFILIATED WITH ANY DIVE SHOPS, BUT WE DO SUPPORT ALL DIVE SHOPS LISTED**







# Dolphin Divers of Sacramento

## October

- **Board Meeting 10/2/2013:** 7:00pm at Steve Volpicelli's house. Guests are welcome. Please contact Holly Little to RSVP and to get directions.
- **General Meeting 10/16/2013:** 7:00pm at Round Table Pizza:  
9500 Greenback Lane, Folsom, CA 95630

*\*Don't forget! If you recovered something unusual at the American River Clean Up last month, bring it to the meeting for a chance to win a prize!*

## November

- **Board Meeting 11/6/13:** 7:00pm at Tracy's House. Guests are welcome. Please contact Holly Little to RSVP and to get directions.
- **General Meeting 11/20/13:** 7:00pm at Round Table Pizza:  
9500 Greenback Lane, Folsom, CA 95630  
*\*This is the meeting where you will vote for member of the year, and the photo contest!*
- **CALL FOR SUBMISSIONS!!!** The end of the year is quickly approaching! Please submit your **Big Fish and Big Ab** entries to Holly Little or Jamie Sepulveda.
- **Thanksgiving Camping Trip to Albion:** Event Leader is Renee Viehmann. For more information, contact Renee via the Yahoo Group of Facebook page, or one of your friendly Board Members!

## December

- **Board Meeting 12/4/2013:** 7:00pm at Steve Volpicelli's house. Guests are welcome. Please contact Holly Little to RSVP and to get directions.
- **NO GENERAL MEETING**
- **Christmas Party!!!** Are you ready to get your end of the year party on?!? Stay tuned for the date and location of the 2013 annual Dolphin Christmas Party.

