



CURRENT BUBBLES

NEWSLETTER OF DOLPHIN DIVERS OF SACRAMENTO

P.O. Box 112

Orangevale, California 95662

<http://www.dolphindivers.org>

October 2014

2014/2015

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Presidents Message

Hello all;

I am just typing this up while on vacation on the big Island of Hawaii. As normal I am running late getting this put together for Penny and Craig (sorry!). One of the many things I love about diving is the incredible variety we can experience in this hobby. From the reefs of the Caribbean to the reefs here in Hawaii, from the kelp forests off our California Coast all the way to the Atlantic shelf. The differences are truly amazing!

The other thing that is amazing for me on this trip is getting my parents, my sister, my niece and my 90 year old grandmother over here to enjoy this wondrous land with Holly and I. For me, one of the great aspects of diving is the time with family and friends. This is a bucket list for grandma and I get to be a part of

sharing that with her. At the same time, the family gets some real quality time together. At 90 years old, time is short, we need to make the most of it.

Treasure the time with family and love ones, you never know when that time will slip away. Diving with them is a great way to spend that time.

Cayle Little

~ Meetings ~

Board meetings are held on the 1st Wednesday of the month, at a Board Members home. All members are welcome to attend all meetings; however we ask that you call the host to RSVP. Board meetings start at 7:00pm Upcoming Board Meetings:

October 1 Renee Viehmann 916-837-4973

November 5 Ken Takata 916 428-8883

General Meetings General Meetings start at 7:00 pm and are held the 3rd Wednesday of each month at Round Table Pizza, 9500 Greenback Lane (at Madison). Call 916-989-1133 to order in advance, be sure to ask for the Dolphin Dive Club Discount.

~DOLPHIN BIRTHDAY CLUB

Lisa Knoles 5 th ,	Steve Volpicelli 9 th ,
Michelle Dinger 10 th ,	Alyssa Harris 13 th ,
Tracy Clarke 14 th ,	Connor Carlson 16 th ,
Steve Campbell 16 th ,	William Albright 16 th ,
Dana Carlson 19 th ,	Lorne Green 24 th ,
Ellie Robbins 29 th ,	Julia Rojas 29 th



Great American River Clean Up

September 20th on the American River

26 divers and boat handlers from the Dolphin Divers of Sacramento, The Sacramento Seahorses, and a few other friends participated in the annual American River Parkway Clean Up. This event is part of the larger California Coastal Clean Up in which thousands of volunteers spend a few hours on the shores of our rivers, lakes, and the mighty Pacific Ocean to clean up the mess that others have left behind. 7 am found many of us dropping off cars and trucks at River Bend Park then heading up to our departure point on the American River and Sunrise Blvd. After a short briefing we hopped into our 8 boats and headed on down the river. Next stop would be the San Juan rapids. Along the way, our divers picked up a few choice items that were removed from the water and dumped into the boats. At the San Juan rapids, we dropped off a couple hundred pounds of cans, bottles, oars, sun glasses, and other junk that had been (lost) by rafters, fishermen and women, and other users of the river. After a short break for an early lunch, we headed on downstream collecting as we went. The weather helped us out with mild temps, light winds, and no rain. Last year we ran into a lot of wind and rain for the 2nd half of the trip.

Our divers were on the lookout for any special and unusual items. A contest was underway for the recovery of those special items. This year we had a number of recoveries made of stuff that one should not find in the water. Dennis Wade found a working cell phone that was in a water tight bag. I am sure that Dennis will examine the photos stored away in the memory of this device. What a naughty boy Dennis can be! A metal flask in working condition was found with the contents still smelling like alcohol. A computer keyboard was tossed up next. 2 matching office chairs came aboard at some point. Jack Millard found a set of identification cards that included

a drivers license, work ID card, and a concealed weapons permit. A large flag from the country of Ecuador was dumped into my boat. For all the Sacramento Seahorse divers, a set of keys with a very nice seahorse fob attached. A pink boom box was tossed in by Maridee and Ryan Green. Ken and Brad came up with medical specimen bag. Not sure what was in it but the item was wrapped up in plastic and promptly tossed into Brooke Hudson's boat. Along with all the strange stuff, we had the usual stuff as always. Keys, sun glasses, bottles and cans, underwear, towels, iPods, golf balls, umbrellas, fishing equipment, and on and on and on.....

At River Bend Park, we put over 50 large bags of junk on the shore to be collected by those interested in the CRV money or the local sanitation engineers. A few choice items were retained to be proudly displayed at the next dive club meeting or to be placed on a fireplace mantel. As there were so many different items this year, there will be no first, second, or third place. I will award a bunch of first place winners! Just too many great items this year. Oh, I almost forgot to mention the boat salvage work done by the Knigge's! They pulled up rowboat! Once they got the water out of it, they managed to float it to the San Juan rapids and left it at the collection point. The boat was larger than the rafts that we were in. It was quite a job to get it down the river and out of the water. Fred Knoles found an aluminum canoe but could not get it out of the water. As Fred remembers where it is, we may go back to finish the job and recover the item. At River Bend Park, Ken Takata mentioned that we looked like the Beverly Hillbilly's on rafts! Loads of junk piled high!

Once we were out of the water, we gathered up our equipment, gave back the boats, and headed home. Lots of smiling faces and smelly dive gear were last seen heading out of the park heading home for a shower and a well deserved meal. With all the fun that was had, we were all sad over the amount of garbage that others had tossed into the river. It is such a shame to see our waterways being used as a dump. If you missed out on the trip this year, do not worry. We will do it again next year. Thanks to all that participated in the clean up event. A special thanks to Jack Millard. He continues to keep the Sacramento

Seahorses and Dolphin Divers involved in this worthwhile community event.

Brad Freelove

Dive Logo Printing Opportunity

If you have something you want to have printed with the Dive Logo on it like a Jacket or T-Shirt or sweatpants of your own. Bring to the item to the October General Meeting and they will be printed for Nov General Meeting.

Tracy Clark

Get Ready!
2014 Photo Contest
&
Member of the Year Contest



To participate, please attend the November General Meeting.

If you have any questions, please contact Penny Johnson or Marylin Campbell

Thanksgiving 2014

It's officially Fall and Thanksgiving is just around the corner! I will be running the event this year and we are trying a new location at Westport Beach just above Ft. Bragg. <http://www.casparbeachrvpark.com/Westport.html>

I have reserved 6 FULL HOOKUP sites (that's all they have) 102,103,104,105, 107 & 108. These sites look big enough to fit a RV/Trailer and a tent or maybe even two small trailers. If we have more than 6 trailers/rv's that want to come, I will call and ask if they will allow more than one trailer per site and just pay for extra people. There are some additional sites available across the street in sites 125-114 as well as some of the

dry sites 31-34. All sites are reserved for Wednesday – Sunday. If you plan to attend but are arriving later than Wednesday please let me know so we can make changes to the reservations. Reservations may be cancelled up to one week before check-in therefore any unclaimed sites will be released by Tuesday November 18th.

To reserve a site, please contact me

The plan is a potluck Thanksgiving dinner on Thursday and a leftover potluck on Saturday night. We will also have a Turkey Trot walk/run Thursday morning. Additional impromptu potlucks may pop up here and there. Potluck details to be determined closer to the event. As a side note, the campground puts on a FREE Thanksgiving dinner for everyone. This is something we may be interested in considering.

Remember this is your last chance for Big Fish/Big Ab of the year so bring your ab/dive gear.

Cost: \$55.79 per night (two people) Extra People: \$7/ Adult, \$5/ Child 5-17 yrs; Pets \$2/ Pet.

For more information contact me at renee@renerox.com

Point Lobos for Jack's Birthday

Join me in Monterey on January 17 to celebrate my birthday diving Point Lobos. Reservations to dive the park will have to be made on November 17. Last year I had to make a last minute change when Point Lobos was closed on my birthday, so we changed our reservation by one weekend. Right now there is nothing on the January Point Lobos calendar. I will post more specific instructions on how to make a reservation in the November Bubbles. Jack Millard

UNDERWATER SIGNING

by *CRAIG BROOKEY, Divemaster*

Have you ever been on a dive and someone gave you a hand signal underwater that you did not understand or tried to sign to someone who gave you that universal “I DON’T KNOW” look. HUH!!!! If you missed the Dolphin Divers September General Meeting then you missed my Animated Presentation about underwater signing – aka Communication without Speaking. The fact of the matter is that everyone who ventures below the surface should know and understand how to “Talk” to another diver while submerged. Below you will find a list of underwater signs that are universal and are related to Diver Safety and a few that will help tell what you have seen. It is my sincere hope that you will share this information and it will enhance your diving experience and keep you safe and your dive buddies safe. ~ CB

OK - Raise one hand and form forefinger and thumb into a circle. If you are asking if someone is OK point to them first and then give the OK sign. They should respond OK or tell you they have a problem. (See PROBLEM)

PROBLEM - Extend hand, palm down, and rock it back and forth – then point to problem such as ears which will not equalize , calves with cramps, etc.

OK (surface) Raise one hand and touch fingers to top of head or if at a distance raise both hands and form a circle over head – If you are OK but just can’t make it back to the boat raise one hand into the air and form a fist indicating that you are OK but would like a ride home. At night use flashlight to make a circle either in the air or onto the surface of the water to indicate you are OK and able to make it in by yourself.

NOT OK (surface) Raise both hands over your head and wave them back and forth. Yelling **HELP** doesn’t hurt either but you better need help !!! This will activate the emergency rescue sequence. At night use flashlight and wave it back and forth in the air to indicate you are NOT OK and need help.

UP/DOWN - Thumb up means **GO UP** - Thumb down means **GO DOWN** as in “Let’s go up – Let’s go down”

SLOW DOWN - Extend your hand, palm down, and slowly raise and lower your hand several times.

STOP - Raise your hand in front of you, palm forward, like a traffic cop or use fist in same manner. If there is a danger present, point your fist in the direction of the danger. This means **STOP – DANGER**.

LOOK With index and middle finger point to your eyes and then point in the direction of interest.

DIRECTION - If you want to tell someone what direction you would like to travel, extend your arm, palm sideways, and point to that direction **OR** if you want to have them lead in a direction first point at them with your index finger and then point the sideways palm in that direction.

COME HERE - Cup your hand, palm up, and motion toward you.

LEVEL OFF - If you want to tell your buddy to level off or become neutral buoyant, extend you hand, palm down, and motion back and forth as if wiping off a countertop.

BUDDY UP - Place both left and right index fingers together touching them several times

SAFETY STOP - Extend hand, palm down, and place the first three fingers of the other hand upward into palm indicating you want to make a three minute safety stop before surfacing

LOW AIR - Make a fist and place hand on your chest. It’s time to head for the surface. Don’t forget to make your safety stop. Always monitor your air constantly to avoid the **OUT OF AIR** situation. That’s **BAD!!!**

OUT OF AIR - Place hand, palm down, under your chin and move back and forth. Some prefer the “Slicing of the throat” method but I think that is a bit dramatic. This is one of the most important signs there are. I hope you never need to use it but **KNOW IT!!!** Make sure your buddy knows it also.

SHARE AIR - Once you have told your buddy you are out of air they should get the idea that you are going to need some of their air and be ready for that. To indicate you would like some air “simulate” that you are removing your regulator and giving it to them. What this actually means is “Excuse me, could you please give me some of your air – PLEASE”

COLD - This one is easy – If you become chilled during a dive and would like to end the dive and get into the hot tub, take both arms and give yourself a big bear hug. You are probably already doing that in an attempt to keep warm.

TURN AROUND - If you want to indicate you want to “Turn Around” or reverse direction and go back to where you came from, raise one finger over your head and motion in a circle around and around then motion in that direction using the **DIRECTION** sign. (See above)

LEAKING AIR - In the event that you notice bubbles emitting from someone’s gear take all your fingers on one hand and wiggle them and motion upward and then point to where the leak is. Depending on the severity of the leak you might want to resurface and deal with it. At the very least you will want to closely monitor the pressure gauge

QUESTION - If you have a question you would like to ask someone extend your hand and bend your forefinger into the shape of a question mark (?) At this point you will need to know how to sign what you want to know like “Where is the boat?”

I DONT KNOW - If you don’t have an answer to the question asked, you may feel free to use my favorite sign. The “**I DON’T KNOW**” sign which is really easy and universal. Just give them a dumb look and shrug your shoulders while extending both arms to your side.

ALL OF THE ABOVE SIGNS ARE RELATED TO SAFETY IN SOME WAY – HERE ARE A FEW MORE TO IDENTIFY DIFFERENT THINGS

BOAT - If you want to indicate where the boat is, cup both your hands together in a fashion resembling a small boat and then point in that direction

SHARK - Outstretched hand, palm open, place in an upward direction on top of head kind of resembling a shark dorsal fin. In the event of a **BIG Shark**, or any large animal for that matter, you can stretch both arms outward indicating that **IT IS BIG!!!!**

TURTLE - Both outstretched hands, palms down, place one over the other with thumbs extended wiggling on either side. Looks just like a turtle doesn’t it

EEL - Outstretched hand, cupped fingers with thumb as lower jaw opening and closing like an eel breathing.

OCTOPUS - There are several renditions for this one but this is the one me and my dive buddies use. All fingers on one hand pointing downward with fingers wiggling and bobbing up and down. That really looks like an octopus moving along doesn’t it.

LOBSTER - First two fingers outstretched from the top of forehead wiggling like lobster antennas.

CRAB - Using one or both hands, make like crab claws. That one is unmistakable.

SEAHORSE - This sign was developed by some members of the Seahorse Dive Club. Position yourself as if riding a horse and holding the reins and bounce yourself up and down. That also is the Sacramento Seahorses secret sign.

IT’S ALIVE - Two or three outstretched and sliding up and down the opposite arm indicated that there is something still alive in a shell and should not be taken. It’s a common courtesy to live sea life.

*I hope you found this information helpful and that you will share it with your dive buddies in the future.

SUNSHINE COMMITTEE

If you know of anyone who is celebrating accomplishments, upcoming Weddings, Births, etc., or if you know of a club member who is in need of a little Sunshine please contact Maridee Green at 916-206-0863, or email her at maridee@homebuying101.com

2014 TROPHY CORNER

BIG FISH: No Entries so far

BIG AB: Maridee Green 9.25"

Small Ab: No Entries so far

Garage Sale

FOR SALE:

Dacor U/W scooter with BC for scooter. Asking \$200 707-554-6438 Larry Permann

DONATE BLOOD & SAVE LIVES

When you donate blood tell them that you are a member of Dolphin Dive Club and ask that your donation be credited to our account (#3412) and benefit other club members if they need a blood donation.

OUT – AND – ABOUT

Don't forget when you are out-and-about, the following shops and businesses support Dolphin Divers of Sacramento. When you patronize, please tell them you are a club member and thank them for their support.

*Indicates shops that honor the free air fills on the back of Dolphin Divers membership cards.

* **Dolphin Scuba Center** (916) 929-8188

www.dolphinclub.com

* **Fish Eye Scuba** (916) 850-1145

www.fisheyescuba.com

* **Scuba World** (916) 332-8294

www.scubaworldsacto.com

DOLPHIN DIVERS OF SACRAMENTO IS A NON-PROFIT ORGANIZATION NOT AFFILIATED WITH ANY DIVE SHOPS, BUT WE DO SUPPORT ALL DIVE SHOPS LISTED



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2014

October

- **Board Meeting 10/1/14** beginning at 7:00PM. Host: Renee Viehmann, renee@reneerox.com , (916) 837-4973
- **General Meeting: 9/17/14** at 7:00PM. Meeting location is Roundtable Pizza in Folsom: 9500 Greenback Lane, Folsom, CA. Open to the public. Please meet your fellow divers.

November

- **Board Meeting 10/1/14** beginning at 7:00PM. Host: Ken Takata, kentakata@sbcglobal.net, (916) 428-8883
- **General Meeting 11/19/14** at 7:00PM. Meeting location is Roundtable Pizza in Folsom: 9500 Greenback Lane, Folsom, CA. Open to the public. Please meet your fellow divers.
- **Thanksgiving Day Camping, 11/27/14 to 11/30/14**, Contact: Renee Viehmann, renee@reneerox.com , (916) 837-4973 Westport Beach RV Park and Campground,

