



# CURRENT BUBBLES

NEWSLETTER OF DOLPHIN DIVERS OF SACRAMENTO

P.O. Box 112

Orangevale, California 95662

<http://www.dolphindivers.org>

September 2014

2014/2015

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## Presidents Message

Hello all;

Welcome to the September edition of the Dolphin Divers Newsletter! This article got started while on the club Channel Islands trip in mid-July. As a recap of where the August article left off: Several things happened on this trip that caught my attention. Both of these are safety related, can be used as teaching moments for everyone, and were entirely preventable. The good news is that nothing bad happened to anyone involved.

Everyone came home safely.

This is the second half of a two part article.

The second issue that occurred on the Channel Islands trip involved bottom time and planned ascents. Several people got caught accidentally in mandatory decompression stops. With the technology that almost all of us are diving with there is little reason for this to happen. I hate to say it but in general it is because the diver is on a deeper dive

and not paying as close attention to their bottom time as they should. This goes back to some of our earliest training, the deeper you go, the more attention you need to pay to your N loads and remaining air.

On the trip, two divers I know of accidentally ended up in deco. How they handled the issue was quite different. Both were fairly inexperienced divers, and neither had the training to perform a deco dive. My guess is both got to this point by not paying close enough attention to their computers. One of the divers realized what they did and just carefully followed the instructions from their computer (fortunately they had enough remaining air) and cleared themselves out of deco. After a reasonable off gassing on the surface they were back in the water with no worse for the wear. The other diver did not follow the computers instructions, and just went for the surface like normal. This is a very good way to get bent. Their computer locked itself down for the next 24 hours.

On this same topic, several divers on this trip end up in deco intentionally occasionally. This is not the same as doing it accidentally. The divers I know doing it intentionally have the experience and training to do this safely. A required deco stop in itself is not a bad thing, you just need to handle it correctly and have enough air to clear your computer. In general this means just follow the directions your computer gives you regarding additional safety stops. Being in deco just means the safety stops are no longer "optional" and there are more of them. Again, there is specialized training to teach about this. If you are interested in deco diving, take the classes. If not, stay out of deco!

If you do accidentally end up in deco, just follow the instructions on extra safety stops from your computer. It is programmed to get you back to the surface in one piece.

Cayle

## ~ Meetings ~

**Board meetings** are held on the 1<sup>st</sup> Wednesday of the month, at a Board Members home. All members are welcome to attend all meetings; however we ask that you call the host to RSVP. Board meetings start at 7:00pm  
Upcoming Board Meetings:

**September 3** Penny Johnson 916-205-5619  
**October 1** Renee Viehmann 916-837-4973

**General Meetings** General Meetings start at 7:00 pm and are held the 3<sup>rd</sup> Wednesday of each month at Round Table Pizza, 9500 Greenback Lane (at Madison). Call 916-989-1133 to order in advance, be sure to ask for the Dolphin Dive Club Discount.

## ~DOLPHIN BIRTHDAY CLUB ~

Mitch Evensen 9/3      Joe Lawson 9/7  
Ken Takata 9/9        Holly Little 9/11  
Curley Noyes 9/11    Mark Takata 9/17  
Jim Cox 9/23         Bill McNitt 9/26  
Larry Permann 9/28



## ~Welcome New Members~

James Pretorius

## \$ Split the Pot \$

**Marilyn Sepulveda** won the split the pot \$50 to her and \$50 to Weave at the request of our speaker Jeff Robinson, Underwater photographer and Naturalist.

## Safety Tips



## Underwater Communication

Craig D. Brookey

Communication with people under water is challenging and I have spent my entire diving career trying to learn, understand and perfect the art. Telling another diver something while you are submerged is a little like Charades with your mouth taped shut. The only method of communication is body language and mostly hand signals.

Every diver who ever put a regulator in their mouth knows the universal underwater "OK" sign but sometimes that is where it all ends. What if you need to tell someone where the boat is or to not proceed because of a danger or, more importantly, if you are low or out of air? Understanding what your buddy or another diver is trying to tell you is vital to both your safety and should be a major part of your diver training and also your pre dive buddy check. This is even more important if you have never dived with someone before. If you would like any help or practice with underwater signing, or if you could teach me some new signs please let me know. Come early to the next DDS General Meeting – if you show me yours, I'll show you mine! [Cbrookey@sbcglobal.net](mailto:Cbrookey@sbcglobal.net)

## SUNSHINE COMMITTEE

If you know of anyone who is celebrating accomplishments, upcoming Weddings, Births, etc., or if you know of a club member who is in need of a little Sunshine please contact Maridee Green at 916-206-0863, or email her at [maridee@homebuying101.com](mailto:maridee@homebuying101.com)

## CHANNEL ISLANDS DIVE TRIP

Another successful Channel Islands dive trip. Thirty three divers and one non-diver boarded the Conception Saturday evening for the start of our 27 annual dive charter. This year we tried a different boarding technique – we all signed in on a list posted in the Sea Landing store as we arrived in the parking lot. Then we boarded in the order that we had signed in, avoiding the crunch on the dock of years past. Thanks Brad for a GREAT idea!

After loading our gear, signing the boat waivers and visiting with friends we filtered down to our bunks for the night.

It was a very smooth ride all night to our first Catalina dive site: Ship Rock. Visibility was a nice 40 to 60 feet and the water temperature was a balmy 70 degrees at the surface, though it did cool to 63 degrees around 100 feet. Lobsters and octopus were hiding everywhere. I spotted several Bat Rays swimming in from the open water and one that was resting on a rock between me and the divers with Cayle.



Our next dive was to look for the Giant Black Seabass at Goat Harbor, but they were hiding. The only one I saw was at 95 feet and it was heading south.

We finished the day of diving at the new rock quarry where baby Garibaldi were everywhere. A couple of Giant Black Seabass were spotted along the edge of the kelp, and I saw more octopus and lobsters, but I was concentrating on the Garibaldi.

Our last dive Sunday was a night dive at the quarry. The highlight of this dive was the group of Leopard Sharks



Baby



Adult

swimming in and out of our lights in the shallows. Monday morning we motored around to one of the favorite sites, Farnsworth Banks. This was a dive not to be missed. Farnsworth Banks is a series of pinnacles jutting up from the depths to within 60 feet of the surface. This day we had extra calm water on the surface and very little current. Visibility was an astounding 100+ feet and temperature a warm 68! Across the top of the rocks there was a large school of fish that swirled around us. A small school of



Yellowtail Tuna swam past me as I ventured out into the blue for a view of all the diver activity. Several of



us spotted an electric ray that was hanging around watching us watching it.

We made two dives on Farnsworth and everyone surfaced with stories of great dives. The rest of our dives were almost as exciting with warm



(to us) water and lots to see. Everyone had chances to see the Giant Black Seabass on most of our dives. One that I saw had been badly mauled by what looked like a boat



prop. Several divers even combed the shallows around Little Farnsworth where they spotted many Angel Sharks buried in the sand.

Every trip we make is a little different but always fun. This time we had a real Mermaid on board. One of the galley



crew, Linnea Jenkins, is a professional mermaid. She performs with a group all over California at various events and parties. In



the galley she helped Jessica, the galley lead, feed us gourmet meals including a full turkey dinner. They also did an EXCELLENT job of keeping the candy bowl full of chocolates ☺ Our ride back to Santa



Barbara from Santa Cruz Island was pretty bumpy so we were all very happy to pull into the nice calm harbor. Craig suggested that we let everyone who was driving all the way home that night off first – another great idea! That evening about half of us met in Buellton for the night and to share a last dinner before driving home Thursday.

We have already booked our 2015 trip for Saturday, July 25 – Wednesday the 29<sup>th</sup>. Even though our charter cost has gone up we are holding the charge to members as \$625.00 pp. 15 members have already paid deposits or full payments for next year!! I hope you can join us.

Jack

## \*2014 TROPHY CORNER\*

**BIG FISH:** No Entries so far

**BIG AB:** Maridee Green 9.25"

**Small Ab:** No Entries so far

## Abalone Reopener Event

August 2nd and 3rd found a small group of both Dolphin Divers and Seahorses staying at Albion River Campground or at some fine hotels in Ft. Bragg. The weather was a little overcast but NO WIND! Temps were mild and well received by all. Jack Millard started out towards Albion River in his RV but ended up staying in town due to some mechanical issues. Ken Takata and Fred Knoles had no car troubles but wimped out and stayed in a hotel in town. Both groups raved about the excellent quality of the place they stayed in. Lorne and Maridee and extended family were staying close by and took advantage of the moderate seas. Maridee took a nice ab that measured out to be 9.250 inches! I believe she has top honors now.

Saturday saw two groups of ab divers heading out to look for the speedy abalone. One group stayed in close to Albion River Campground. Another more adventurous group left the safety of the cove and went in search of some mysterious place that Jack had found a few weeks before. The waves were a little rough but Jack took us to the "promised land." What we found were flat seas, warm water, great vis, and abs that you could spot from the surface. In a very secluded cove, we had no wave action and a ton of nice abs. Penny Johnson and Jerry King were spotting abs from the surface and taking home some nice ab

dinners. While the ab action was great, the local scenery was fantastic. I had more fun looking at the cliffs and caves than looking for abs. This is one cove that I will remember and visit as often as I can.

Thanks Jack!  
Brad Freelove

### **DONATE BLOOD & SAVE LIVES**

When you donate blood tell them that you are a member of Dolphin Dive Club and ask that your donation be credited to our account (#3412) and benefit other club members if they need a blood donation.

### **OUT – AND – ABOUT**

Don't forget when you are out-and-about, the following shops and businesses support Dolphin Divers of Sacramento. When you patronize, please tell them you are a club member and thank them for their support.

\*Indicates shops that honor the free air fills on the back of Dolphin Divers membership cards.

\* **Dolphin Scuba Center** (916) 929-8188

\* **Fish Eye Scuba** (916) 850-1145

[www.fisheyescuba.com](http://www.fisheyescuba.com)

\* **Scuba World** (916) 332-8294

[www.scubaworldsacto.com](http://www.scubaworldsacto.com)

**DOLPHIN DIVERS OF SACRAMENTO IS A NON-PROFIT ORGANIZATION NOT AFFILIATED WITH ANY DIVE SHOPS, BUT WE DO SUPPORT ALL DIVE SHOPS LISTED**

## **Garage Sale**

The Garage Sale section is a free advertising for any items SCUBA related for sale/trade or not for profit/personal gain dive trips

**Free** to anyone that owns a SEA&SEA MX-10 Camera: close-up Lens. Please call David Whiteside at 916-730-8282

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### **Wanted**

Wanted Steel 80 cf tank.. will consider aluminum 80 also.

Steve Gibson 408-206-6917 (Rancho Cordova)

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### **For Sale**

For sale: Ikelite W-20 wide angle lens. Wet mount, 67 mm thread. \$200. holjohnson@gmail.com or 530-219-5415.



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P.O. Box 112  
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# DOLPHIN DIVERS OF SACRAMENTO

## 2014

### September

- **Labor Day Spearfishing Contest, 8/30 to 9/1/14, Ocean Cove**, contact Bob Taylor, [btaylor@tayloredbiomedical.com](mailto:btaylor@tayloredbiomedical.com) (916) 752-6017
- **Board Meeting 9/3/14** beginning at 7:00PM. Host: Penny Johnson, [pennybug76@yahoo.com](mailto:pennybug76@yahoo.com), (916) 205-5619.
- **General Meeting: 9/17/14** at 7:00PM. Meeting location is Roundtable Pizza in Folsom: 9500 Greenback Lane, Folsom, CA. Open to the public. Please meet your fellow divers.
- **American River Cleanup: 9/20/14**, contact Brad Freelove [bradlinda@frontiernet.net](mailto:bradlinda@frontiernet.net) (916) 682-1695

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### October

- **Board Meeting, 10/1/14** beginning at 7:00PM. Host: Renee Viehmann, [renee@renerox.com](mailto:renee@renerox.com), (916) 837-4973.
- **General Meeting: 10/15/14** at 7:00PM. Meeting location is Roundtable Pizza in Folsom: 9500 Greenback Lane, Folsom, CA. Open to the public. Please meet your fellow divers.



**Volunteers needed at Labor Day, Contact Bob Taylor**