



# BUBBLES

P.O. Box 112  
Orangevale, CA 95662  
[www.dolphindivers.org](http://www.dolphindivers.org)

Official Newsletter of the Dolphin Divers of Sacramento

JULY 2018



## A Message From the President



Good Day Divers,

When I write this column, I always try to keep two things in mind. First, what would a diver who is not familiar with our club learn and what impression would they develop about our club after reading it. Second, how would our existing membership benefit from the column. With these thoughts in mind, I have decided to dedicate this month's column to a review of our activities for the next three months. While we have our calendar available in this newsletter and on our web site as well as several articles about coming activities in the following pages, I thought that a single article that reviews them all could be a good reminder to everyone

about what is coming. Our energetic Activities Chairs, Connor and Atakan, have been busy lining up great activities for the rest of the year with help from event organizers and veteran club members.

In July we have not one, not two, but three awesome events. On July 13 there is the shake-down pool dive to test our gear and skills for our big event of the year, the Channel Islands trip (which takes place July 22-25). To kick off the summer party mood before the trip, our July 18 general meeting will be a picnic in Fair Oaks Park. Please make sure to arrive at the park rather than our usual General Meeting location. Furthermore, the meeting will start at 6 PM instead of our usual time. It will also feature a T-shirt contest, so make sure you show up with your best water related T-shirt (the definition of 'best' is left up to you).

A month without a dive event would not be complete, and our planned Inland Lobster Feed will give us the opportunity to get wet and blow bubbles. On August 4, we will drift down Lake Natoma, hunting for treasure. Traps for crawdads (not lobster) will be set to provide lunch along with a pot luck. Typically, this is also a day where we engage in many other water activities such as paddle boarding and kayaking.

The month of September brings our club festival, the Labor Day event, which is held at Ocean Cove campground. Movies, raffles, skits, competitions, and pot lucks make this an unforgettable event for everyone. I am sure many bonds are formed during this trip. On September 15, we will have the Great American River Clean Up drift dive in the American River. Furthermore, don't miss the September 19 General Meeting which features a presentation by Aqua Lung.

I will stop here as I can go on and on for another page of our upcoming activities. More is to come later. In the meantime, I hope you leave this column knowing that the Board of Directors are hard at work to provide events, both diving and non-diving, that you and your family can enjoy.

- Ilkan Cokgor, President

## NEWS ALERT



Reserve Wed, Aug. 15th to attend the Dolphin Divers of Sacramento's monthly meeting. Mike Johnson has graciously arranged to have Michael Cannon, Instructor, give us a presentation on Altitude Diving. Mr. Cannon will be giving us the SSI (Scuba Schools International) course lecture on altitude diving. The presentation will be free. However, if you want a SSI Altitude Diving Certification Card, there will be a \$40 fee for SSI registration and materials. More information on the SSI certification card will follow.

Our meetings start at 7pm. and are held at the Round Table Pizza. [9500 Greenback Lane](http://www.9500greenbacklane.com). Take advantage of this free dive education opportunity.

# CHANNEL ISLAND DIVES

## SATURDAY, JULY 22 – WEDNESDAY, JULY 25

Have you been on the fence about joining your club buddies on the Channel Islands dive trip this year? There are a few spaces left, and it's not too late to sign up! We have opened this annual event up to non-member divers, too, so feel free to invite your diving buddies. For a new diver, or club member, there is no better way to get your dive skills enhanced, and to get to know everyone better. There are always other divers also looking for a buddy so you do not need to worry about who you can dive with, and after four days together on the boat you will know everyone much better.

*Our plan is to mirror what we have done for the last several years:*

Saturday at 9:00am, we will be car-pooling to Santa Barbara, we will board after dinner in a nearby restaurant, then depart the dock close to 11:00pm that evening.

Sleeping while the boat travels south to Catalina Island we will wake up to breakfast and a safety orientation. As soon as we arrive at our first dive site we will have another orientation about the dive site, then buddy up and jump in for our first dive; which will be at 9:00am Sunday morning.. This will be an easy dive to give you a chance to re-familiarize with your gear and make sure you are weighted properly. Upon surfacing you will put your equipment back in a spot on the dive deck and get a surface interval while the crew fills your tank with air, or Nitrox.



Depending on the conditions we might move to a different dive site, or stay put to finish exploring the first one. This is our boat so I will solicit everyone's input before discussing our goals with the captain.

This is pretty much the plan for the entire trip. Eat, dive, snack, dive, eat, dive, snack, dive, eat, and night dive for anyone interested, then sleep – and repeat the next day. We will probably dive different sites around Catalina for the first three days, then travel north on Tuesday night to an island closer to Santa Barbara for our last dive day. The diving ends at about 2:00 Wednesday afternoon and we have a couple of hours to get our gear packed and ready to load into our cars waiting for us near the harbor.

We typically depart Santa Barbara at about 5:00 for the drive home. Many of us stop along the way for a night in a hotel to break up the long drive home, others forge ahead and drive straight home, typically arriving after midnight.

Some of us (me included) stop in Buellton for the night. It is only an hour from Santa Barbara so we can check into our rooms and meet for a nice dinner at a table that is not rocking in the waves. After a leisurely breakfast Thursday morning we arrive home about 1:00 in the afternoon. Plenty of time to clean our dive gear and relax before rejoining the "rat race" on Friday.

This is probably the cheapest way there is to dive on a cost per dive basis. Our cost is only \$650.00 pp for as many, or as few, dives as you want to do. The fee includes you berth, all your air fills, on-board meals, beverages and snacks – and best of all the companionship of all your dive friends! You will need to provide ALL of your own dive equipment, including one tank and your weights. If you don't want to bring your own all the equipment can be rented from the dive shop by the boat dock, but you will need to make your reservations with them before the trip begins.

To sign up either mail your check to:

Dolphin Dive Club

PO Box 112

Orangevale, CA 95662

**Or give to me or Brad Freelove at a club meeting. Simple!**

Now let's dive!

**– Jack Millard**



# Inland Lobster Feed & Potluck- August 4th, 2018



Bring your family, bring your friends and join us at Lake Natomas for our "Inland Lobster Feed" dive and potluck at the Negro Bar picnic area. A few of us will put out crawdad traps late Friday to recover for the event in the morning.

You should plan on arriving at the Negro Bar picnic area early because we want to be in our boats and ready to dive by 9:00! There are a lot of big crayfish hiding under the rocks, so bring a "Goody Bag" to grab the biggest and fastest ones you see.

There are also a lot of lost "treasures" that fishermen and swimmers have dropped in the lake, making this a lake cleanup and scavenger hunt while we dive. I have found several working watches and a gold ring on previous dives. The deepest you can get is only about 40 feet, and there will be a current sweeping us along, so you will have to hug the bottom to keep from drifting too fast. Visibility is typically about 6 to 10 feet and the water temperature has been in the low sixties on previous dives.

After we have made our dives, we'll gather in the picnic area for the rest of the fun.

We will have prizes for the "BIG Crawdad Contest", and a crawdad race for the adults and the kids. Be sure to save your biggest and your fastest crawdad!

We will also have a "Liars Contest" where we will spin yarns about the "treasures" that we find. After all the fun we will fire up the barbeque and cook up the crawdads, hamburgers, corn-on-the-cob and whatever other delectables that are contributed to the potluck. Please bring \$5.00 per adult to contribute toward the soft drinks, hamburgers and corn on the cob. Please also bring a potluck dish, and don't forget your dive gear, hats, beach chairs and sunscreen.

Watch the July Bubbles for directions and more information.

Jack (916) 955-8017



## HAPPY Labor Day

Dolphin Divers of Sacramento will hold its annual Labor Day event at Ocean Cove from September first thru September third. We have reserved two group camping sites just for our club and guests. There will be several organized activities including a women's dessert contest, spear fishing contest, salsa contest, and much more. More information and applications will be available soon. So, if you are looking for something fun to do over that weekend, put the date in your calendar. Yes, there will be scuba diving for those that want to get in the water.



## Need a Bit of Sunshine

One of the happy accidents of being in such a tight-knit club is developing a support network of people who care. This is especially important when things in life get difficult. As a club, we are here to support each other during the peaks and valleys of living in this unpredictable world.



DDS has the Sunshine Committee for these times. Whether is it a celebration or reaching out to support a diver

in need, please remember we are here.

Contact a board member for details.

## LET'S CELEBRATE!

### Happy Birthday, July Babies

<b>Sandi Stemple</b>	<b>July 5<sup>th</sup></b>
<b>Michael McCrum</b>	<b>July 12<sup>th</sup></b>
<b>Atakan Cokgor</b>	<b>July 16<sup>th</sup></b>
<b>Penny Johnson</b>	<b>July 23<sup>rd</sup></b>
<b>Brittania Junes</b>	<b>July 31<sup>st</sup></b>



# SAFETY MESSAGE

BY CRAIG BROOKEY, SAFETY OFFICER

## BOATING SAFETY

Certified Scuba Divers have had many hours of training and practice and a lot of emphasis is placed on safe practices. Follow the rules you have learned, and you should have a long career of safe and enjoyable diving. Boating safety follows the same guidelines. Follow the rules and try to anticipate every possible scenario and you will be safe also. Planning ahead is always better than just taking off with no regard to the possibilities of experiencing problems. Here are some things you might like to consider when you are about to embark on a voyage. Boat maintenance is important. You should have your boat motor serviced on a regular basis. Plugs, Filters, Batteries, etc. Keep your boat in good operating order and she will bring you home safe and sound every time. When you are in ocean waters, it is always a good idea to team up with another boat so if one of the boats has a problem, the other is close by to assist. If you must go out alone, you might want to consider a small "kicker" motor as a back up if you have a larger boat.

There are Federal and State Regulations that we all must make ourselves aware of. For instance, one Personal Flotation Device (PFD) is required for every person on board the vessel. In the State of California, ALL passengers under the age of 12 years old, on a boat less than 26 feet, MUST wear their life jackets while on the boat, with the exception of while they are below decks or in a cabin. Personally, I think it is smart to have your child wear his/her life jacket the entire time. You are also required to carry a Fire Extinguisher on vessels that are powered. The exact rules and regulations for Boating Safety differ from State to State and Federal Regulations overrule. A good source for this information is the U S Coast Guard Boating Safety Site: <http://www.uscgboating.org> It is a good idea to have aboard your vessel a VHF Radio, and/or a portable VHF Radio as a backup, (Cell phones work in some areas but not in others) a sharp knife, a flashlight for use at night, and the item that can get you help when all else fails, the "EPIRB" (Emergency Position Indicating Radio Beacon). This is a device that you take along,

and in an ---emergency, you flip the switch and it puts out a signal that will alert the Coast Guard in your area and tells them your exact GPS position. Help will be sent immediately. I highly recommend the purchase of one of these if you plan on making any ocean excursions. It just might save your life. Starting January 1, 2018 anyone operating a boat MUST obtain a Boating Safety Card. There are several organizations offering the online course. For example: <http://californiaboatercard.com/applynow/>

The same goes for Boaters as for Divers "There are Old Boaters and Bold Boaters but there are No Old – Bold Boaters"

*Plan ahead and Boat and Dive Safely.*

# UPCOMING EVENTS

MARK YOUR CALENDARS

**JULY**

- 11** Board Meeting @ Craig Broockey's
- 13** Skills Testing @ Swimstitute
- 18** General Meeting @ Fair Oaks Park
- 22-25** Channel Islands Dive Trip

**2018**

**JULY**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**AUGUST**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**AUGUST**

- 1** Board Meeting—TBD
- 4** Inland Lobster Feed
- 15** General Meeting

*Dolphin Divers Of Sacramento Classified Section*

Sealife Underwater Photo/Video Light (with tray). Brand new never used. Has not been in the water \$75.00

**Contact:** David Whiteside at 916-730-8282 or Email: [dwhite95815@hotmail.com](mailto:dwhite95815@hotmail.com)

*Let's Stay Connected!*

*Follow us on Facebook and subscribe to our Yahoo Group to get information on upcoming events, club announcements and impromptu outings.*

OR...

**ATTEND A STANDING CLUB MEETING**

***Board Meetings:** Held on the 1st Wednesday of each month at a Board Member's home. Each month the location rotates to a different Board Member. All members are welcome to attend these meetings; however, we ask that you contact the host to RSVP. Each meeting starts at 7:00pm. Please keep an eye out for communication about how to RSVP, if you wish to attend.*

***General Meetings:** Held on the 3rd Wednesday of each month at Round Table Pizza, 9500 Greenback Lane (at Madison Avenue). Call 916-989-1133 to order in advance, and be sure to ask for the Dolphin Divers Discount! Each meeting starts at 7:00pm.*

