



BUBBLES

P.O. Box 112
Orangevale, CA 95662
www.dolphindivers.org

Official Newsletter of the Dolphin Divers of Sacramento

December 2017

President's Message

Hello fellow Dolphin Divers!

My wish for you ~

I wish for you this season, laughs with treasured friends, warmth of family, hearts of peace and joy that never ends. May Christmas spirit fill your lives. May this joyful season greet you with health and happiness. May your Christmas and New Year be both Merry and Bright.

I'm looking forward to seeing you at the upcoming holiday party on December 9th at the Dante Club. The Christmas Committee has put together a festive old time holiday party, with music & dancing, great food, dessert bar, and raffle. It's a must attend annual event. Hope to see you!

Happy Holidays to you and your family.

Marylin Campbell



NEXT EVENT ON DECK: Christmas Party

Dolphin Divers Holiday Party

Join us for a festive evening on:

December 9th, 2017

from 6-11 pm at the

Dante Club

The price per person: \$35.00

The deadline date is: Monday, December 4th

Don't miss out on Food, Music, Fun and More!



In This Issue

- Message from the President
- **On Deck: Holidays with Dolphin Divers**
- Upcoming Events
- A Little Something Extra
- Events Calendar

MEET YOUR BOARD OF DIRECTORS:

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Past President: Chris Anthon

Members at Large

Jamie Sepulveda
David Whiteside
Britt Junes
Ken Takata
Steve Campbell
Lalaynia Little

Explore California

POINT LOBOS STATE RESERVE

Carmel, CA

OUR NATURAL HERITAGE

Next Event on Deck...



Every January our own legendary Jack Millard organizes a dive at Point Lobos State Natural Reserve that coincides with his birthday. The dive is always well attended by our membership, with almost all available spots filled up each year. However, Jack's travel schedule is making it hard for him to plan this dive in 2018. As the activities chair, I have decided to plan a dive on January 20, 2018, to keep up with the annual tradition.

Seasoned members have told us that Point Lobos is full of fascinating marine life. According to the California Diving News Magazine, which has published two articles on Point Lobos in the past few months; strawberry anemones, stony coral, rock scallops, colorful sponges, giant white-plumed anemones, spiny brittle stars, sea cucumbers, and sheep crabs are among the marine life that can be found in this area. One seasoned member claims to have seen a great white shark in the area, with another saying they saw a rock shaped like a shark... I am sure both are correct.

If you haven't been to dive in Point Lobos State Natural Reserve I would like to strongly encourage you to join us. We will have a few experienced members who will be more than happy to show us what this fantastic dive site has to offer.



Brittle Star (Source: Encyclopedia Britannica)

As of November 24, 2017, there are still spaces available for January 20, 2018.

Click on the following link to register: [Click Here](#)

Scroll down to January 20, 2018 and continue with the registration. The registration is for two people. If you need a buddy to register with, please let me know. My email is icokgor@yahoo.com

Best,

Ilkan Cokgor, Activities Chair



President's Day February 16th thru February 19th at Casini Ranch

President's Day Weekend (Friday the 16th to Monday the 19th) will be at Casini Ranch located on the beautiful Russian River. We will plan on the usual for the weekend. Please plan on sharing hors d'oeuvres both Saturday and Sunday in the early afternoon. Currently, the plan is to head into Bodega Bay (the Tides) Saturday morning to purchase oysters - so bring those dollar bills...(last year they were about \$1.25/oyster) for BBQ'd oysters. We will have our potluck dinner on Sunday night. I will be making the traditional clam chowder to contribute to that night's potluck dinner; please plan on bringing your own favorite dish to share at the potluck.

It is always a fun and relaxing weekend and we look forward to spending time with those of you who can join us.

Fred and I have reservations and will be in site C14 this year. Many of us that had reservations last year moved them over to this year so if you don't have a reservation and wish to join us we suggest you make your **own** reservations soon. Let them know you are with the Dolphin Dive Club and want a spot as close as possible to C14. (This would include sites from C10-C15 and B1-B6.) Even though we may not be right together, the rows are pretty close to each other and easy for us to get together at a central camp site. You can make your reservations via phone at 1 (800) 451-8400 daily between 8 and 4 PM. Or you can make your reservations on line at <https://v3.bookyoursite.com/casini/reservation>.

If you need any additional information, please visit Casini's website at: <http://www.casiniranch.com/index.php>.

We are looking forward to seeing those of you who can join us!!



A NOTE FROM YOUR SAFETY OFFICER:

December Safety Officer's Message by Dana Carlson

Hello and **Seasons Greetings** divers!

In keeping with our **Equipment Maintenance** theme, I'd like to briefly discuss WETSUITS.

"My wetsuit shrank!", will be echoed across the parking lots, beaches and dive boats all across land and water, as it is every year just following the Thanksgiving and Christmas holiday season.

Are you sitting down? I'll bet you are, and we're going to get to that discussion too, but for now let's just agree that we've all been doing a lot of sitting, and when it comes to "wetsuit shrinkage", the truth is gonna hurt, a little.

Wetsuits DO shrink (don't start feeling smug and justified just yet).

Neoprene is comprised of little bubbles. Heat, body oils, sunscreens, sun, salt, pressure and time all have an effect on the future performance of your wetsuit.

When the bubbles in the neoprene are compromised, the suit can become stiff, flattened and even brittle. It can seem like the suit shrunk. Whoa, time to go see Mike.

Before it gets there, maintain your suit by soaking it as soon as possible after exposing it to the elements. Fancy washes are available, but a couple drops of dishwashing liquid should suffice. Warm, NOT HOT water should loosen up any particles in the suit, followed by a nice cleansing rinse will preserve the integrity of the neoprene. Follow this with a nice AIR dry (not in the sun!!), and preferably hang the suit to store.

Folding, shoving it down in a dive bag, cramming it into that pelican box and or leaving it generally exposed to the elements (like auto exhaust in the garage), will break down the components in the neoprene, exposing the bubbles.

Now, if you're REALLY sensitive, between dive seasons you MIGHT notice that your suit has become a little stiffer, and you will cry out "MY WETSUIT SHRANK"!

Well, I told you the truth was gonna hurt a little. Here's the fact of the matter (for most of us), WE HAVE BEEN DORMANT and working hard at getting FAT and HAPPY all winter.

Time to think about how we want that suit to fit next time. There ARE divers that expend the usefulness of their wetsuit, even with excellent maintenance habits. They plan for wetsuit replacement as a part of equipment upgrade.

If you maintain your wetsuit properly it will provide years of protection.

If you already maintain your suit well and want to all but PREVENT wetsuit shrinkage during the holiday season, two words of advice;

AEROBIC ACTIVITY. 😊

If you're still sitting down, it's time to get up...



SOMETHING EXTRA

FOR SALE!

See what deal you can score !

LOAD LEVELING TRAILER HITCH -
Redistributes trailer tongue weight from the rear axle to the front axle of the tow vehicle.

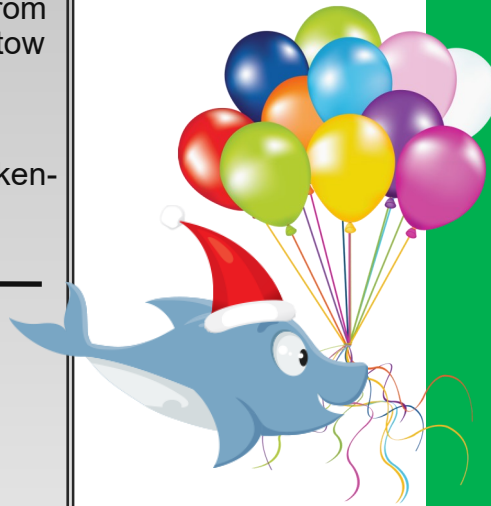
Free to a good home. If you are interested, email Ken Takata: ken-nethktakata@gmail.com

Sealife Underwater Photo/Video Light with tray. brand new never used. \$75.00

Contact: David Whiteside at 916-730-8282

Two aluminum 80 cf. tanks
One in Black and one Aluminum Silver
Both need Hydro
\$30 each or both for \$50

Contact: Dana (916) 834-2150



DECEMBER BIRTHDAYS

Richard Sears	Dec. 06
Bob Taylor	Dec. 12
Ryan Biziewski	Dec. 20
Ed Ikemoto	Dec. 20
Jason Pipes	Dec. 20
Mark North	Dec. 23
John Meyer	Dec. 25
Ryan Green	Dec. 26

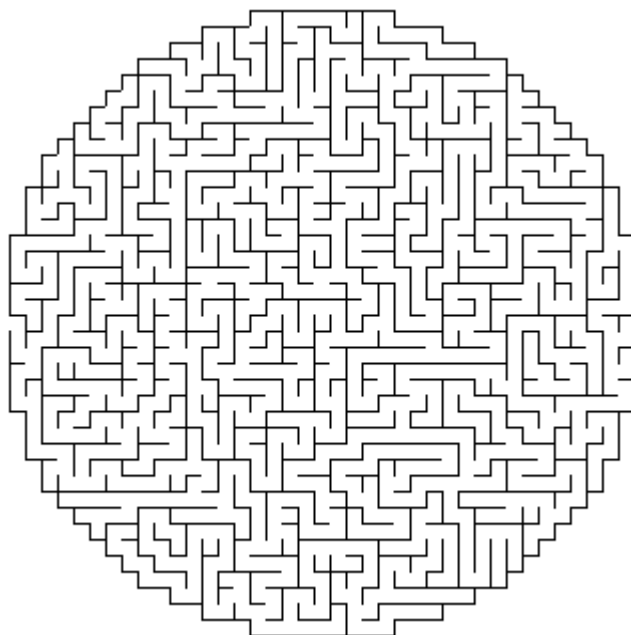
PUZZLE: What path will you take for 2018 Diving?

Happy Holidays!

If you are interested in making a donation to the DDS Christmas Party raffle, email Marylin Campbell.

Or, just bring your donation to the party.

Thank you from the from the holiday committee!



2017 Events Calendar

2017

DECEMBER

S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

FEB

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

APRIL

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MARCH

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

May

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

DECEMBER

- 6 Board Meeting- Brad Frelove's
- 9 Christmas Party (Dante Club)

JANUARY

- 3 Board Meeting - Britannia Junes'
- 20 Pt. Lobos Dive
- 17 General Meeting- Round Table Pizza

FEBRUARY

- 7 Board Meeting - Tracey Clark
- 21 General Meeting- Round Table Pizza

MARCH

- 7 Board Meeting - Campbell's
- 21 General Meeting- Round Table Pizza
- TBA Easter Egg Dive- Monterey

APRIL

- 4 Board Meeting - Sepulveda's
- 18 General Meeting- Round Table Pizza
- Free Pizza and Voting

May

- 2 Board Meeting—Chris Anthon's
- 16 General Meeting- Round Table Pizza
- 26-28 Memorial Day Camping—More info TBD

STANDING CLUB MEETINGS:

Board Meetings: Held on the 1st Wednesday of each month at a Board Member's home. Each month the location rotates to a different Board Member. All members are welcome to attend these meetings; however, we ask that you contact the host to RSVP. Each meeting starts at 7:00pm

The next meeting is at the home of Britannia Junes. Please keep an eye out for communication about how to RSVP, if you wish to attend.

General Meetings: Held on the 3rd Wednesday of each month at Round Table Pizza, 9500 Greenback Lane (at Madison Avenue). Call (916) 989-1133 to order in advance, and be sure to ask for the Dolphin Divers Discount! Each meeting starts at 7:00pm.

A Final Note From the Editor:

As the year comes to a close and the New Year is upon us, I wish you all the best for a very Merry Christmas and a Happy New Year that is full of love, joy and warm water diving!

See you all at the Christmas Party!!

- The Sepulveda's



Who knows, maybe Rex will be at the party, too!



DOLPHIN DIVERS OF SACRAMENTO CHRISTMAS PARTY

Saturday, December 9th, 2017

DANTE CLUB OF SACRAMENTO
(see map on reverse side)

6:00 - No Host Social Hour

7:00 - Buffet Dinner

8:00 - Awards and Raffle

9:00 to 11:00 -

Music and Dancing

\$35.00 Per Person

*Send Payments to:
Dolphin Divers of
Sacramento*

*Attn: Marlyn Sepulveda
2200 Weldon Way
Sacramento, CA 95825*

(Checks made payable to Dolphin Divers of Sacramento)

