

# Current Bubbles Newsletter

## Dolphin Divers of Sacramento December 2021

### Message from the President – Owen Autry

Dear Dolphin Divers of Sacramento,

It is the time of Holidays, and December being one of my favorite times of the year. So much is happening in December. Winter Solstice, Christmas, and the wrap up of another year. This year as a club we worked very hard on getting divers in the water with club events like the Channel Islands, Memorial Day, Labor Day and back into Round table for our general meetings, and also used the Zoom app to include everyone. We have continued to get great speakers, to talk about diving and related activities, to our General Meetings.



For me, December is special for several reasons. Winter Solstice is the shortest day of the year and as we get closer to this day I am reminded of how much shorter each day gets. Waking up in the dark, and getting home from work in the dark, is such a weird concept to wrap my head around in the day. I find myself a little more tired each day, and then the days start getting longer even the small movements in time are felt as the days start to become longer. The idea of spring and summer fill my head with longer days.

Christmas for me marks a time of Love, Faith and Friendship, I feel so blessed to be in a club with such great people. We are like a big family. Sometimes we get along, and other times we are mad or not so happy with our family. The thing I like about this time of year is we can now forgive each other and start building back our love and friendship for one another. Yes, we all make mistakes, and blow it when our mouths move faster than our heads, and sometimes we forget to be kind, especially to each other. But, that is okay, we are all a gift from God, and Christmas reminds of Love, Faith, and Friendship.

Wow, this last year flew by again. I hope you all have a great New Year's Eve and Celebrate the coming of 2022! Remember to live each day to the fullest, as each day is a gift and 2022 is going to be a great year for celebration of friendship and some great dives.

The Board is working on getting some more great speakers for the general meeting, the regular outings, and adding back some oldies but goodies like Jack's Birthday weekend dive on January 15 and 16th. Check your emails for more information. This December we had to cancel the Christmas party, but will hold a Christmas general meeting. Wear your ugly sweater and come to Round Table on December 15, or via the Zoom app, at 7 P.M..

I am looking forward to the New Year and seeing many of you in the water and at the Club events.

Merry Christmas and Happy New Year!

From Belize, Owen Autry



## Message from the editor Brad Freelove

Have a happy and special holiday time!

## Happy December Birthdays!



Sara Porter  
Richard Sears  
Bob Taylor  
Mario Perneti  
Courtney Dunn  
Adam Adcock, Jr.

Laurie Cava  
Catherine Kukulka  
Will Dutton  
Tony Jacobs  
Tom Mischley  
Joseph Morgan



## New Members

Ken Moore  
John Jones



Are you interested in becoming a Dolphin Divers of Sacramento member?

Check out our [Membership](#) page for more information and to complete your application.

[Membership \(dolphindivers.org\)](http://dolphindivers.org)

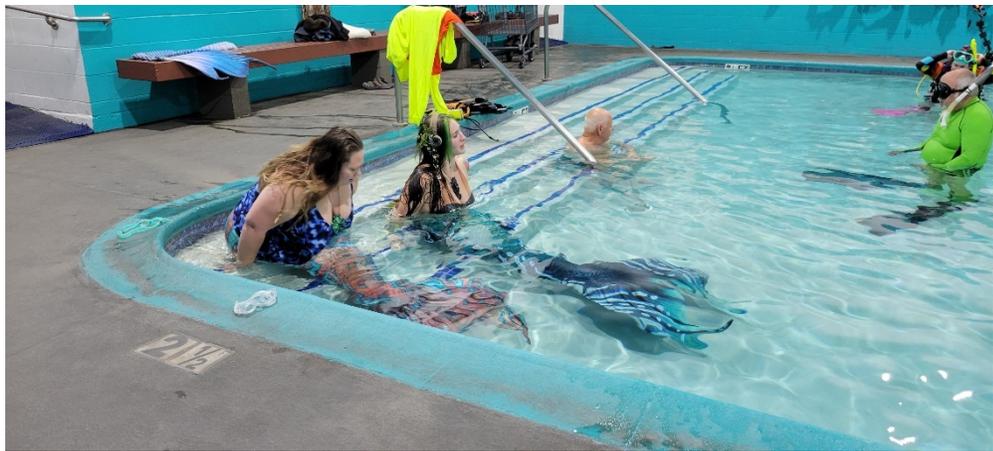


## Past Events

### Spooky Swim – Sunday, November 7, 2021

Thank you again to everyone that was able to stop by last Sunday for the Spooky Swim! We had a few members take the plunge with an arrangement of masks, a few who stayed topside to catch up with old buddies and make some new ones, and we had a pod of local mermaids drop in to fin around.







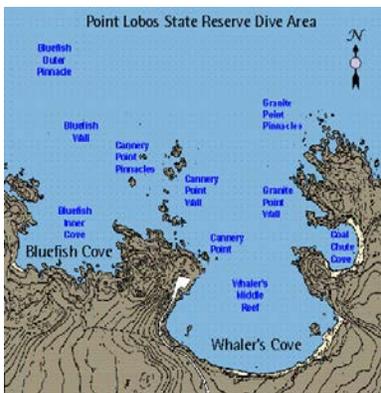
## Future Events

### Point Lobos dive, January 15, 2022

Point Lobos only allows 10 dive teams per day. Reservations for January can be made starting on December 1. If you have a reservation for Saturday, it is IMPORTANT that you are there because if the team leader is not there the buddy cannot dive, either. DON'T FORGET TO BRING YOUR "C" CARD! You must show it at the Point Lobos Park gate to dive.

Point Lobos gates open at 8:00 AM and close 1/2 hour after sunset. You should bring something for lunch and all of your tanks for the day – the nearest dive shop for fills is in Monterey and there won't be time to fill tanks between dives. I plan on making 2 dives.

After we finish diving Saturday, and get cleaned up in our rooms, we'll meet for dinner and to celebrate my birthday. I'll make a group dinner reservation when I know how many people will be joining us. Jack



### EASTER EGG HUNT Saturday March 19, 2022



The event will be on Saturday, March 19. As always, we'll have lots of GREAT prizes, one for every egg and some for our raffle too! The hunt area will be at the west end of San Carlos Beach, opposite the breakwater and down the stairs from the restrooms. Everyone will need to be on the beach between 9:00 and 9:30 a.m. to sign in and receive a dive orientation. The area of the hunt will be cordoned off underwater with yellow rope and there will be floats on the surface marking the area from above. Boats may be moored outside of the hunt area BUT ALL contestants must remain ON THE SURFACE until the whistle is blown. At 10:00 sharp we'll blow a whistle to signal the start of the event, at which time you should descend. If you are floating over the hunt area and descend when the whistle sounds you are almost assured of finding an egg. If you have not yet reached the hunt area when the whistle is blown the easy ones will be already found and you will have to work much harder to find them. There will be extra weights and a safety diver in a boat, anchored in the center of the area. We will have children's activities organized on the beach while parents are searching for their eggs underwater. If you, or someone that you know, would be willing to help with the children's activities please let Brad know. Prizes for the adults and children will be awarded at the evening buffet and awards ceremony. We will post the sign-up form on our web site in January and send a map and directions in an e-mail to everyone who has signed up for this event. If you do not have access to the internet, or a printer, the forms will

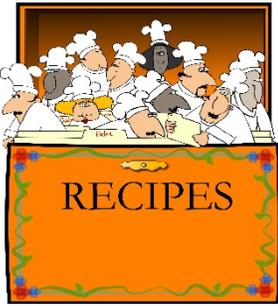
also be available at the January, February and March general meetings. Jack  
916.955.8017



# Safety Officer's Message

Steve Gilmore





## Recipe of the Month

### White Chicken Chilli by Reneé Viehmann

# White Chicken Chili

**Prep time:** 20 minutes | **Cook time:** 4-6 hours

**Serves:** 8

#### Ingredients:

1. One package of chicken breasts (~2.75 lbs)
2. One carton of chicken broth (32 oz.)
3. Two packets of McCormick White Chicken Chili seasoning
4. 1 small can of corn (14oz)
5. 1 medium can of pinto beans (28oz)
6. 2 small cans of hatch green chilies (4 oz. each)
7. Crock-pot

#### Steps:

1. Trim the chicken... Don't forget!
2. Drain the corn
3. Drain and rinse the beans
4. Add all ingredients, except the chicken, to the crock pot and stir
5. Add the chicken
6. Cook for about 4 hours on high or 6 on low
7. When it's finished cooking, remove the chicken and shred on a separate plate, then add it back in
8. Top with avocado, sour cream, cheese, and tortilla chips to your liking

**Notes:** You can cook the chicken from frozen, but it will take longer to cook. You can leave on low for the whole day if you need to, but on high it cooks relatively fast.

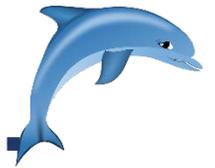
You can increase or decrease the amount of liquid to your liking. If you follow the recipe and it turns out to be too much liquid, serve over rice or tortilla chips so they can soak up the extra broth.



## Gear Review



# In Other News ...



## Dolphin Divers of Sacramento – Who we are!

Check out more photos from past years [here!](#)



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The following Google Page link contains our club's 2021 schedule for DDS presentations to Open Water Students at Dolphin SCUBA. [https://docs.google.com/spreadsheets/d/1MAN2-eQCJrGg9MJHqqWorjGCXFL9brdgFgj\\_wUgCmlQ/edit?usp=drivesdk](https://docs.google.com/spreadsheets/d/1MAN2-eQCJrGg9MJHqqWorjGCXFL9brdgFgj_wUgCmlQ/edit?usp=drivesdk)

The purpose of these presentations is to introduce the Dolphin Divers of Sacramento to newly certified divers. Our intent is to attract new membership to our club.

In past years (pre COVID) we significantly increased membership because of these presentations. However, in recent years the restrictions imposed by COVID (suspension of SCUBA classes, in person monthly meetings, and cancellation of dives) has substantially reduced our membership.

I encourage you to give a presentation and help maintain the DDS as one of the most active and vibrant dive clubs in Northern California. The presentations only take 10 minutes. We provide a suggested presentation script and DDS handout materials. **All COVID safety precautions are observed during the presentations**

Please contact Brad Freelove, Liz Marchiondo, or me if you can help us out or have any questions.

Thank You

Ken Takata, Vice President

## Dolphin Divers Logowear:

With the lack of General Meetings due to COVID-19, there has been no opportunity for you our members to buy DDS clothing swag. Coming in the new year, we will have an online store so you can get your DDS swag! In the meantime, here are a few examples of what is available. In addition, below is our current inventory. If you're interested in purchasing any items, contact Tracy Clarke at [tracycdiver77@yahoo.com](mailto:tracycdiver77@yahoo.com).

<p><b>Women's T-shirts</b>            1-Yellow medium            1-yellow large            1-pink large            1-Black large            1-Lt blue            1-Lt pink            2- pink XL</p>	<p><b>T-Shirts</b>            1- Lt blue small            3-yellow medium            2-Army green medium            1-Cream medium            1- Lt blue medium            1-dark blue large            1-Lt green large            2-Black XL            1-red XL            1-burg XL            1-teal XL</p>	<p><b>Cool 32° t-shirts</b>            1-Gray large            1-Blue 2XL            4-Black 2XL</p>	<p><b>Polo shirts/ 32°</b>            1-Black XL            1-Black 2X            2-Blue 2X</p>	<p><b>Long sleeve T-shirts</b>            1-dark gray large            2-ash gray XL            1-ash gray 2X            1-ash gray 3XL</p> <p><b>Long sleeve sport</b>            1-Blue XL            1-Blue 2XL</p>	<p><b>Sweatshirt hoodie</b>            1-ash gray medium            1-Lt Blue XL</p> <p><b>Sweatshirt hoodie /zipper</b>            2-dark blue large            1-Black XL            1-Burgundy XL            1-Dark blue 3XL</p>
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# 2021-22 Board of Directors

## **Officers and Chairs**

- President – Owen Autry
- Vice President – Ken Takata
- Secretary – Liz Marchiondo
- Activities – Julie Edwards
- Treasurer – Marlyn Sepulveda
- Safety Officer – Steve Gilmore
- Past President – Owen Autry
- Promotions – Tracy Clarke
- Newsletter Editor – Brad Freelove
- Webmaster – Renee Viehmann
- Historian – Jack Millard

## **Members at Large**

- Dave Whiteside
- Gordon Kuhnle
- Kenny Carraher
- Maridee Green
- Corinne Fuerst
- Alex Kuhnle